



Maccabi Toronto Academy

## **Who We Are**

Maccabi represents the best of the best in Jewish Athletics.

We are role models to our community and have the honour and responsibility to represent our community domestically and internationally. We come from many different countries, speak many different languages and are brought together by our love of soccer.

To perform at the highest level requires discipline and commitment. Each member of the Maccabi Toronto Academy will learn these important aspects of elite team play.

We believe those lessons to be valuable not only in soccer, but also in life.

## **Maccabi Toronto 10 Commandments**

1. Fun is RULE 1. If you are not having FUN, please tell the coaches.
2. Understand that while we compete against each other in our Academy, we are sisters and brothers and must act accordingly.
3. If you feel another player has done something he/she should not have and you're upset, tell one of the coaches.
4. Do not cheat in the drills, Do not cut corners. Do the exercises to the best of your abilities.
5. Be on time. Come ready to play.
6. When the whistle blows, stop immediately.
7. Make sure your uniform is clean, shoes polished and remember your shin pads.
8. If you are given homework, please do it!
9. Listen well to your coaches.
10. NO SWEARING! If you swear you may be expelled from the club.